



Intent at St. Mary's

The intention of our PSHE curriculum is to teach children how to become well-rounded citizens, who are capable of handling money, following the law, managing their feelings and building strong relationships with others. It aims to teach children about right and wrong, how to deal with change and British Values, amongst other things. The curriculum is designed to build on prior learning, with each year group covering more difficult concepts. It is built this way so that there is no overlap in coverage and children are given a broad curriculum, which will help them in many aspects of their adult lives. Each year group has 7 topics to cover, with links being made to physical education, relationships and sexual education, science and mathematics.

Implementation at St. Mary's

Our PSHE curriculum is taught weekly to children as part of 'Healthy, Happy Me' topic. It is taught by teachers or Level 3 teaching assistants, where necessary. Teachers have some control over the order in which they teach the topics, how often they teach the topic and in what way evidence is gathered for children's books. This is justified due to the nature of different cohorts; often, certain topics lend themselves to particular scenarios or situations (allegations of bullying, stranger danger, etc.) Content is taught and assessed by the class teacher, who will then make amendments to any future planning, covering any misconceptions that may arise and challenging learners who have demonstrated confidence in the subject. A week is set aside during each topic for assessment-led teaching, if necessary.



Impact at St. Mary's

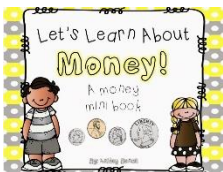
The curriculum, although still relatively new, is already impacting on pupils' enjoyment and progress in the subject. Feedback from children (both oral and written at the end of topic assessments) has been positive, and children look forward to PSHE lessons due to their real-life application and relevance. At the end of each topic, children complete an assessment, where they are questioned about the topic they have studied. They also have to rate their confidence levels after completing the topic, allowing the teacher the opportunity to step in, address any issues, challenge children further and gain a better understanding of the children's levels of progress.





Our PSHE curriculum aims to ensure that our children:

- are emotionally literate
- know how to keep themselves safe
- are aware of equalities and inequalities
- are able to respect and celebrate each other's differences
- understand the importance of managing money
- are able to make safe and informed decisions
- recognise healthy and unhealthy relationships
- understand the importance of living healthy lifestyles - both from a physical point of view (exercise, healthy diet, the dangers of drugs and alcohol) and from a mental health and well-being point of view
- are able to recognise and understand how they and their bodies change as they get older and are able to develop strategies to cope with these changes
- have dreams and aspirational goals



Above all else, our PSHE curriculum aims to lay the foundations that ensure that our children are able to grow and develop into well rounded, well educated young people who are able to make a positive contribution to the world in which they live.

