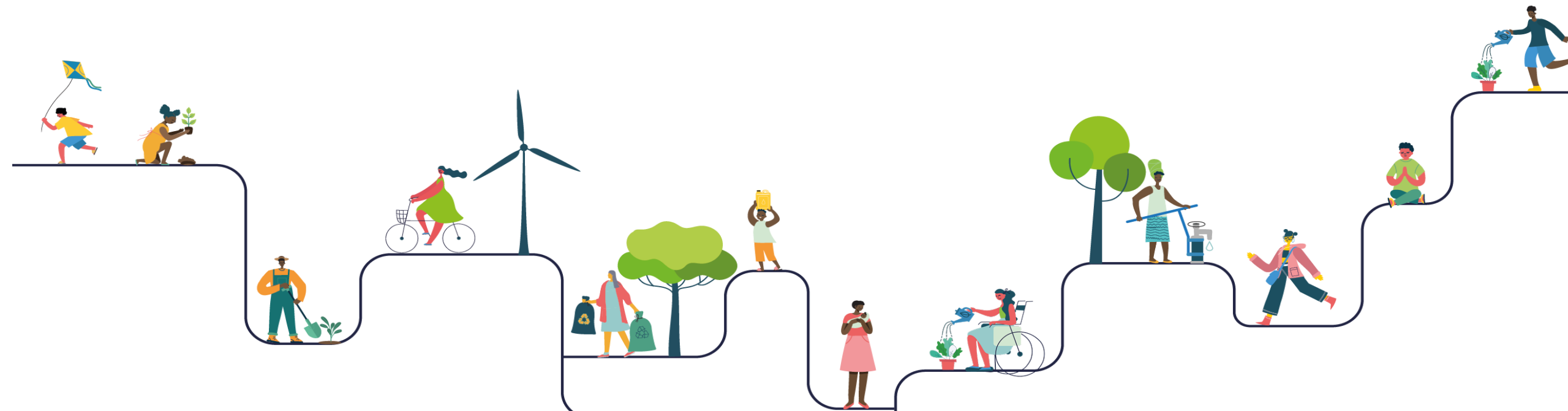


# LiveSimply Award for Schools



- Let's start by thinking about the sort of world we want to live in.
- What would you like to see in the future?



CAFOD has a vision too.

A world where people have enough food to eat and clean water to drink and a safe home to live in. A world where all children can go to school, and anyone who is sick can see a doctor.

**CAFOD**

Catholic Agency for  
Overseas Development



Live simply



Live sustainably



Live in solidarity



# How long until it's gone?



# How long until it's gone?



Apple core  
2 months



Plastic bag  
10-20 years



Aluminium can  
200 years



Toothbrush  
500 years



Plastic bottle  
450 years



Tin can  
50 years



Glass bottle  
Unknown



Paper bag  
1 month

1 month

2 months

10-20 years

50 years

200 years

450 years

500 years

Unknown

Thinking about our waste is just one aspect of Live Simply, but there's a lot more to it than that.



# LiveSimply

INTRODUCING LIVE SIMPLY



LiveSimply

**CAF**  **D** Catholic Agency for Overseas Development

**no one beyond reach**



# What does it mean to live simply?



Living Simply means living like Jesus.

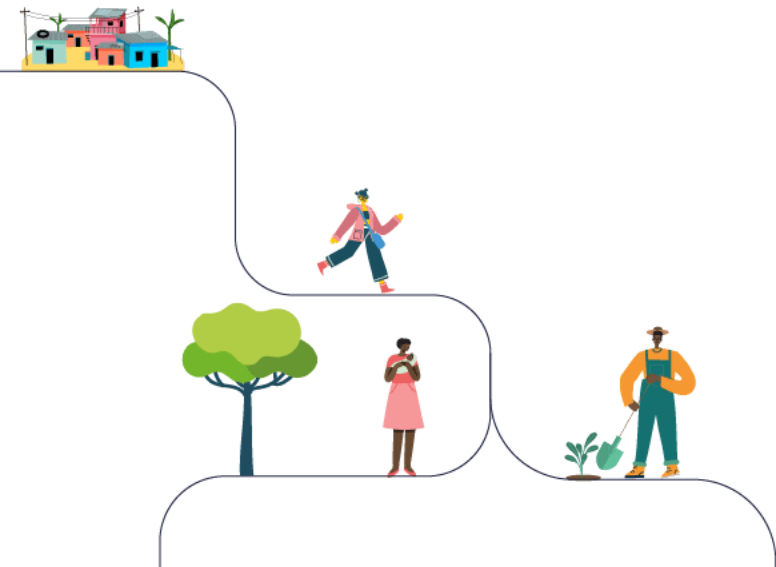
Spending time in prayer or reflection

Being grateful for what we have instead of always wanting more.

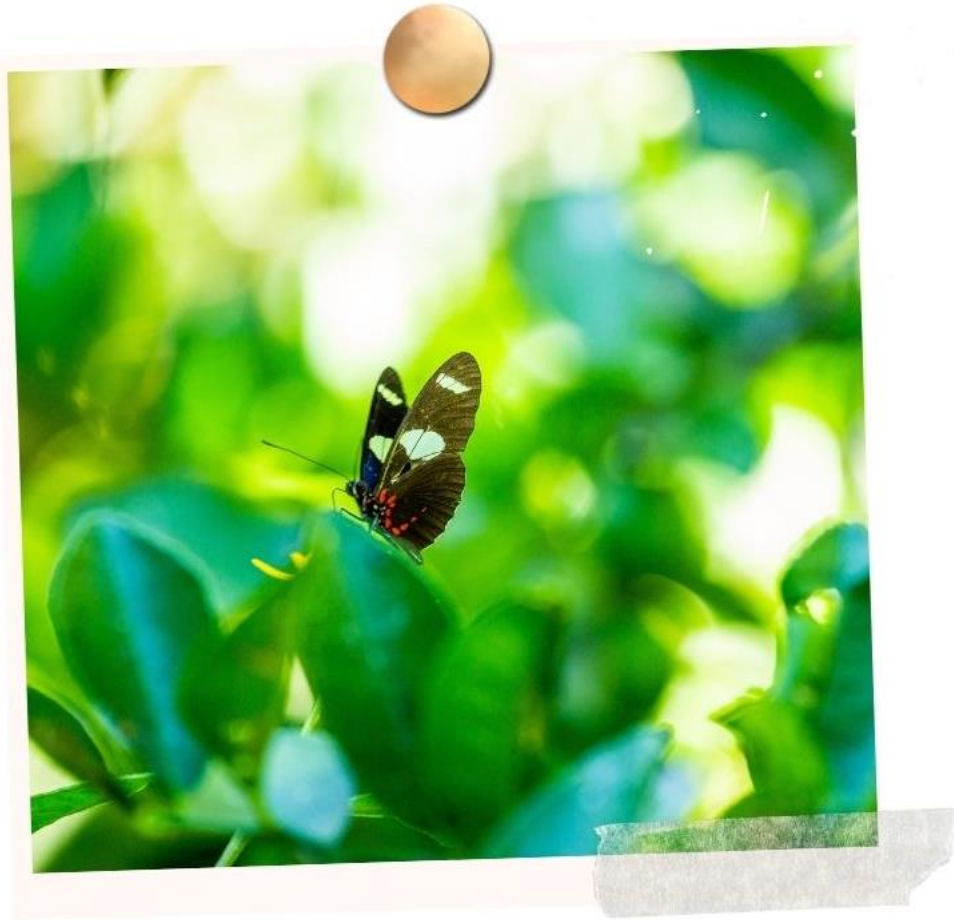
Spending time in nature appreciating God's beautiful creation.



This Loice and Huriya. They live in South Sudan.



# What does it mean to live sustainably?



Living sustainably means looking after our world and remembering it is for everyone.

- Recycling waste
- Putting litter in the bin
- Turning off lights when not needed.



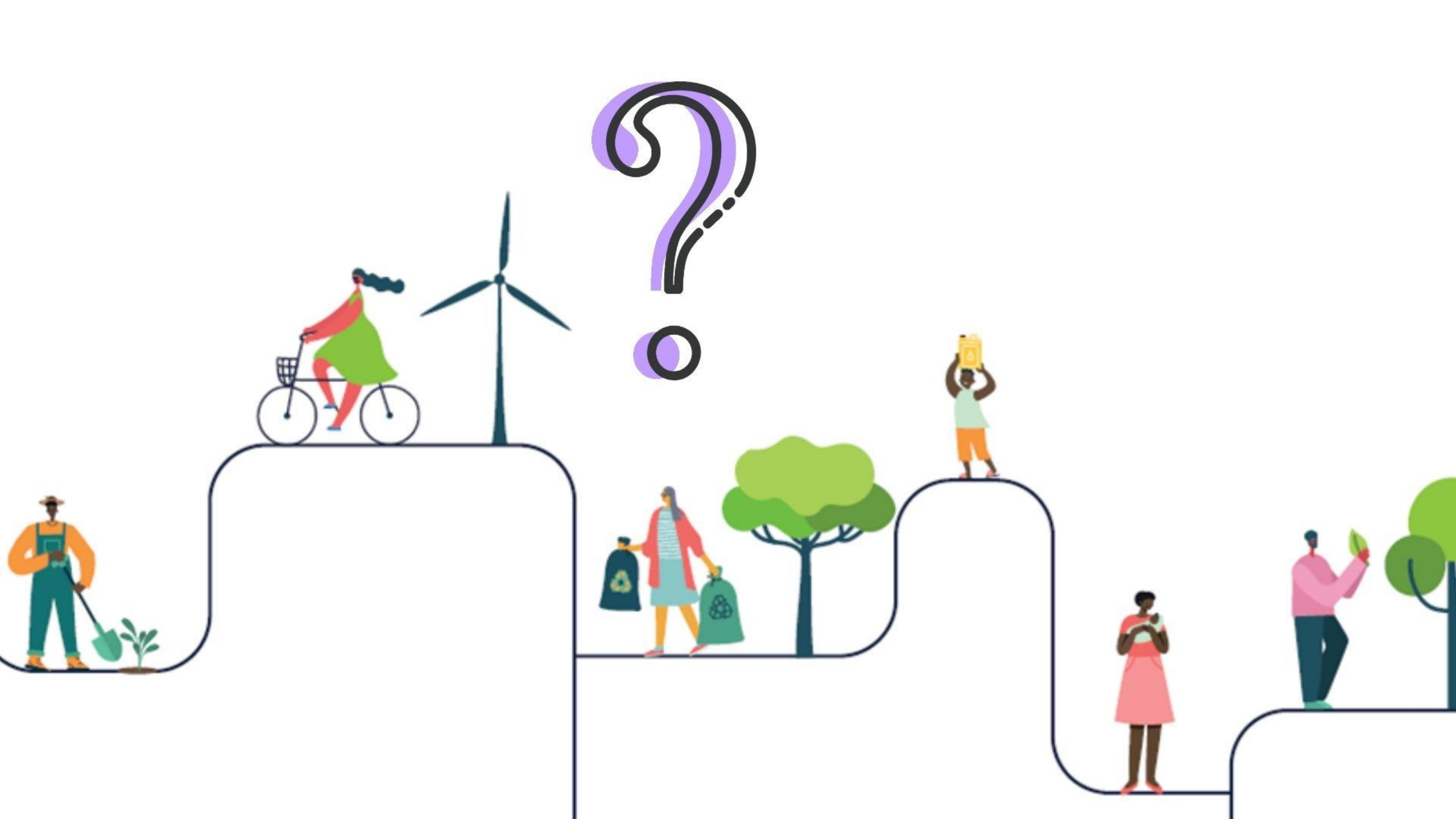
# What does it mean to live in solidarity?



Living in solidarity means seeing everyone in the world as part of one big family.







Prayer time



Loving God, you created the world for us all to share,







A world of beauty and plenty.

Create in us a desire to live simply, so we can see your generosity.





You gave us responsibility for the earth.

Help us to live sustainably, so that those who follow us may enjoy the fruits of your creation.





Help us to act in solidarity with all our brothers and sisters so that we help create a fairer world. Amen.

# LiveSimply Pledge

