Wednesday 13th November

Anti-Bullying Week: Change Starts With Us

For a morning activity, we were given three terms that we had to define with a partner: those terms were **bullying**, **peer-to-peer conflict** and **unprovoked aggression**. Mrs Naylor asked us to write down what we thought each term meant and to give an example of each one. Here is what we came up with.

**Bullying** – Bullying is a *deliberate* act on a specific person, or group of people, who are *targeted*. It is *repetitive* and happens over the course of days, weeks and even months and it involves an *imbalance of power*.

*An example of bullying is taking the same person’s lunch every single day.*

*When one person trips up the same person frequently.*

**Peer-to-peer conflict** – Peer-to-peer conflict is where two or more people of a similar age and level of maturity have a disagreement or an argument.

*Two boys in the same class have an argument and end up fighting over a game of football.*

**Unprovoked aggression –** Unprovoked aggression is where someone is unkind (physically or verbally) for no apparent reason.

*Hitting someone on the back for no reason when walking past them.*