



RSE
Long Term Plan

Year Three



Physical changes from when we were babies – using photographs. Recap sex organs from Year 2. (Y4 resources from A Journey in Love) How are we changing? How are we more independent?

Friendship

Making and keeping friends. Taking care of our friends. Being aware of others and their needs.



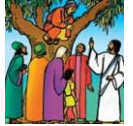
Friendship

How can we be a supportive friend? What would life be like without friends? What makes a good friend? Explore the differences between being alone and being lonely.



Friendship

The story of Zacchaeus who was an outcast. Jesus accepted him as a friend, welcomed and forgave him.



Year Four



We all grow at different rates. Look at how a baby grows in the womb (pictures). As we grow our bodies change. Recap on body parts. Explore hormones /personal hygiene/ puberty.

Difference

Accepting and celebrating who we are. Accepting that we are all different and that this can cause conflict. Explore ways to resolve conflict.



Difference

Appreciating our uniqueness. Exploring emotions/feelings. Understanding our feelings. How do we deal with our feelings?

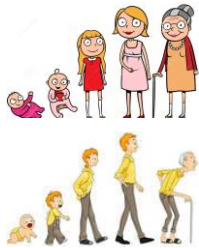


Difference

Exploring the advice from St Paul about how we are all different and how we should treat each other as God would want us to.



Year Five



Continue to explore puberty but in greater detail. Explore the physical changes in boys and girls. (menstruation, testosterone, deepening of voice, body hair etc) Explore changes in feelings, mood swings etc.

Changes

Recognise that our behaviour changes as we grow up. Expectations are different and the way that we treat others may change.



Changes

Reflect upon how we become more sensitive to the physical and emotional changes in ourselves and others.

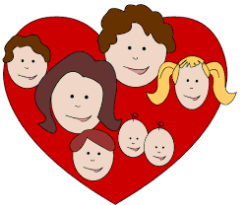


Changes

Share the Serenity Prayer and explore Cardinal Newman's statement – "To live is to change and to be perfect is to have changed often."



Year Six



Recap on puberty. Conception.

Love

What is love? How can we show love? Explore the different relationships that grow as a result of love. Love grows & develops.



Love

Recognise ways in which love is expressed. Explore the different degrees of love e.g. love between friends; love between man and wife.



Love

New life begins as a result of an act of love. What does the Bible and St Paul tell us about love?

